

Mediterranean Chopped Salad

Makes 2 servings or 6 side servings.

Prep time: 10 minutes

Time: 5 minutes

Ingredients:

- 1 head of Romaine lettuce, chopped
- 1/2 cup cherry tomatoes, cut in half
- 1/2 cup cucumber, chopped
- 1/2 can of chickpeas, drained and rinsed
- 1/4 cup feta, crumbled
- 1/4 cup Italian dressing

Directions:

1. Add all ingredients to a large bowl.
2. Mix to fully combine, making sure all ingredients are coated in dressing.
3. Serve and enjoy!